

ACTIVIDADES ADULTOS 2019/20

AYUNTAMIENTO DE VALDEFRESNO



	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
VALDELAFUENTE		Gimnasia 18.10 Pilates 19.30 Zumba 20:30	Zumba 20.00	Gimnasia 18.10 Pilates 19.30 Zumba 20:30	Bolillos 16.00
CORBILLOS	Pilates 20.15	Gimnasia 19.00	Pilates 20.15	Gimnasia 19.00	
VALDEFRESNO	Zumba 18.45	Pilates 17.00 Pilates 18.15	Zumba 18.45	Pilates 17.00 Pilates 18.15	
VILLAFELIZ	Pilates 19.00		Pilates 19.00		
PARADILLA		Pilates 17.30 Pilates 18.30		Pilates 17.30 Pilates 18.30	